

# Mahabodhi Maitri Geriatric Home, Leh Ladakh

## Project Report



## Introduction

It is with great humility and a deep sense of gratitude that we present this project report for the construction of a Kitchen & Store at the Mahabodhi Maitri Geriatric Home – A Home Away From Home. This meaningful project has been made possible through the generous support and contribution of Shanti Onlus – Italy and Shantipurifriends Foundation – USA under the blessings of Respected Swami Nirvanananda.

This project is an integral part of our shared vision to provide a dignified and peaceful life to elderly, mentally challenged, and physically disabled individuals in their final stages of life. The Mahabodhi Maitri Geriatric Home, an embodiment of love and compassion, was initiated in 1995 by Guruji Venerable Bhikkhu Sanghasena with just three elderly destitute residents. Since then, it has grown into a sanctuary for those who have been neglected or forgotten by society.

This compassionate initiative aims to provide a nurturing environment for the elderly who have no family to care for them, those suffering from mental or physical challenges, and those enduring the loneliness of old age without hope or support.

Through this project, we strive to honor Guruji's vision, ensuring that every individual receives care, respect, and dignity until the very end.



# Project Overview

We are pleased to report the successful completion of the Kitchen & Store Room at the Mahabodhi Maitri Geriatric Home. These facilities have been carefully designed and constructed to enhance the quality of care and services provided to our residents.



## Kitchen

The newly constructed kitchen is fully operational and serves as the heart of the home. Thoughtfully designed, it meets the dietary needs of over 40 residents, ensuring that nutritious and hygienic meals are prepared with care.

The Key features of the kitchen include:

- A well-ventilated and clean cooking environment.
- Modern kitchen equipment to ensure efficiency and hygiene.
- Capacity to prepare customized meals that cater to the specific health and nutritional needs of elderly and disabled residents.

This kitchen has greatly improved meal preparation efficiency while maintaining the highest standards of hygiene and care. It ensures that residents receive healthy, wholesome meals daily.





## Store Room

The newly completed store room has been designed to provide safe and organized storage for essential provisions and supplies.

The Key highlights include:

- Sufficient storage space for food supplies, groceries, and other necessities.
- Organized shelving for better inventory management and accessibility.
- Enhanced capacity to stock supplies for extended periods, ensuring uninterrupted services even during emergencies.

The store room plays a critical role in maintaining a smooth operational flow at the Geriatric Home by preventing shortages and ensuring the timely availability of essential resources.



## Impact of the Project

The addition of the Kitchen & Store Room has brought immense positive changes to the lives of the residents and the operational efficiency of the Mahabodhi Maitri Geriatric Home. Key outcomes of this project include:

- **Enhanced Quality of Life:** Residents now receive meals prepared in a clean, well-equipped, and hygienic environment. This ensures their health and nutritional needs are met with love and care.
- **Operational Efficiency:** The new store room allows for better inventory management, reducing wastage and ensuring uninterrupted food supplies.
- **Improved Well-being:** Access to nutritious meals tailored to their needs significantly enhances the overall well-being of elderly and vulnerable residents.
- **Sustainability:** The new facilities provide long-term solutions to meet the growing needs of the home and its residents.





## Acknowledgment

We extend our deepest gratitude to Shanti Onlus – Italy and Shantipurifriends Foundation – USA for their generous support and kind contribution towards this meaningful project. We are profoundly grateful for the blessings of Respected Swami Nirvanananda, whose compassion and vision continue to inspire us.

We also express our heartfelt thanks to our Guruji Venerable Bhikkhu Sanghasena, whose unwavering commitment to serving humanity remains the guiding force behind all our endeavors.



## Conclusion

The completion of the Kitchen & Store Room at the Mahabodhi Maitri Geriatric Home marks another milestone in our journey of compassion and care. This project with your generous support reflects our unwavering commitment to improving the lives of those who need us most and ensuring they live with dignity, comfort, and peace.

With the continued support of our donors, partners, and well-wishers, we remain dedicated to strengthening this sanctuary of love, care, and respect for the elderly, mentally challenged, and physically disabled.

With Deep Gratitude and Love,  
From the Residents of Mahabodhi Maitri Geriatric Home  
Mahabodhi International Meditation Centre